

Michiana Senior Resources

Agencies that help older adults and caregivers in northern Indiana and southwest Michigan with care at home, meals, rides, Medicare questions, hospice, and safety.

Not sure who to call? Dial **2-1-1** for free, confidential referrals in Indiana or Michigan. In an emergency, call **911**.

Area Agencies on Aging

REAL Services – Area 2 Agency on Aging INDIANA

The official Area Agency on Aging for north central Indiana. Its Aging & Disability Resource Center connects older adults, people with disabilities and caregivers to in-home help, Meals on Wheels, care management, dementia services, guardianship, and Medicare and Medicaid help.

Serves: Elkhart, Kosciusko, LaPorte, Marshall and St. Joseph counties

PHONE	ADDRESS	WEBSITE
574-284-2644	1151 S. Michigan St., South Bend, IN	realservices.org
800-552-7928 (toll-free)	46601	

Region IV Area Agency on Aging MICHIGAN

The Area Agency on Aging for southwest Michigan. Offers information and assistance, caregiver support and respite, home-repair and mobility help, elder-rights advocacy, and a volunteer-run computer learning center for adults 50+.

Serves: Berrien, Cass and Van Buren counties

PHONE	ADDRESS	WEBSITE
800-654-2810 (senior info line)	2900 Lakeview Ave., St. Joseph, MI	areaagencyonaging.org
269-983-0177 (office)	49085	

INconnect Alliance INDIANA

Indiana's statewide network of Area Agencies on Aging. Call and give your ZIP code to be connected to the agency that serves your county.

Serves: All Indiana counties

PHONE	ADDRESS	WEBSITE
800-713-9023 (toll-free)	Statewide phone line	inconnectalliance.org

County Councils on Aging

Council on Aging of Elkhart County INDIANA

Nonprofit serving Elkhart County seniors since 1975 with door-to-door transportation, in-home care, a wellness and activity program, Medicare (SHIP) counseling, free tax preparation, and a resource library.

Serves: Elkhart County, including Elkhart, Goshen, Nappanee and Wakarusa

PHONE

574-295-1820

ADDRESS

131 W. Tyler St., Suite 1A, Elkhart, IN
46516

WEBSITE

elkhartcoa.org

Marshall County Council on Aging INDIANA

Runs the county's public van transit (including medical trips), Meals on Wheels, the Life Enrichment Center in Plymouth, a yearly Senior Expo, a free printed Senior Guide, and SHIP Medicare counseling.

Serves: All of Marshall County

PHONE

574-936-9904

866-936-9904 (toll-free)

ADDRESS

1305 W. Harrison St., Plymouth, IN
46563

WEBSITE

Call for information

Cass County Council on Aging MICHIGAN

Senior services agency for Cass County, Michigan, including rides to out-of-county medical appointments.

Serves: Cass County, MI

PHONE

269-445-8110

ADDRESS

60525 Decatur Rd., Cassopolis, MI
49031

WEBSITE

casscoa.org

St. Joseph County Commission on Aging MICHIGAN

Serves adults 60+ (and their spouses) with in-home aides, respite and chore help, weekday lunches and home-delivered meals, Medicare and Medicaid counseling, a medical loan closet, and enrichment centers in Three Rivers and Sturgis.

Serves: St. Joseph County, MI

PHONE

269-279-8083

ADDRESS

Rivers Enrichment Center, 1200 W.
Broadway St., Three Rivers, MI 49093

WEBSITE

stjosephcountymi.gov (agency
page)

Free Medicare Counseling

Indiana SHIP (State Health Insurance Assistance Program) **INDIANA**

Free, unbiased Medicare counseling from trained volunteers: comparing drug plans, Medicare Advantage and supplements, and applying for help paying Medicare costs. Local counselors meet at REAL Services, the Elkhart and Marshall County councils on aging, and other sites.

Serves: All Indiana counties

PHONE	ADDRESS	WEBSITE
800-452-4800 (toll-free)	Indiana Dept. of Insurance, 311 W.	in.gov/ship
866-846-0139 (TTY)	Washington St., Indianapolis, IN 46204	

MMAP (Michigan Medicare/Medicaid Assistance Program) **MICHIGAN**

Free, confidential Medicare and Medicaid counseling for Michigan residents, by phone, in person, or at home for those who can't get out. Counselors don't sell insurance.

Serves: All Michigan counties

PHONE	ADDRESS	WEBSITE
800-803-7174 (toll-free)	Statewide phone line; local counselors through your Area Agency on Aging	mmapinc.org

Hospice & End-of-Life Care

Center for Hospice Care **INDIANA**

Nonprofit hospice and palliative care with inpatient units in Mishawaka and Elkhart, plus grief support through its Life Transition Center. Staff answer the phone day or night.

Serves: Elkhart, Fulton, Kosciusko, LaGrange, LaPorte, Marshall, Porter, St. Joseph and Starke counties

PHONE	ADDRESS	WEBSITE
574-243-3100 (24 hours)	501 Comfort Place, Mishawaka, IN	cfhcare.org
800-413-9083 (toll-free)	46545 Elkhart office: 22579 Old US 20 E, Elkhart, IN 46516	

Report Abuse or Neglect

Indiana Adult Protective Services **INDIANA**

Report suspected abuse, neglect, self-neglect or financial exploitation of a vulnerable adult. The hotline is open 24/7, and reports can also be made online at inaps.in.gov. Indiana law requires everyone to report.

Serves: All Indiana counties

PHONE

800-992-6978 (24/7
hotline)

ADDRESS

Statewide hotline

WEBSITE

[in.gov \(agency page\)](https://inaps.in.gov)

Michigan Adult Protective Services **MICHIGAN**

Report suspected abuse, neglect or exploitation of a vulnerable adult, any time day or night. Investigators respond to reports within 24 hours.

Serves: All Michigan counties

PHONE

855-444-3911 (24/7
hotline)

ADDRESS

Statewide hotline

WEBSITE

[michigan.gov \(agency page\)](https://michigan.gov)